



## Aliyah Sheet Guidelines – HOW TOs!

*The Aliyah sheet is due back to the office two Mondays before your service*

### Ark Opening and Closing

- We have found that 2 people are optimal, although you can have more people.
- Each family's ark honor is for opening **and** closing the ark.
- We do not recommend more than 4 people.
- They can be any age, as long as they can reach the ark, typically 13 or older.
- They can be any religion.
- Each family's ark honor is for opening **and** closing the ark.

### Aliyot

- We have found that 1-4 people is optimal, but you can have more people if you choose.
- Family and friends have the honor of the first 2 Aliyot, parents typically have the honor of the 3<sup>rd</sup> and the bat/bar/bet mitzvah child has the 4<sup>th</sup>.
- The blessings before and after the Torah can be sung or read.
- The Torah blessings are available in English transliteration and Hebrew on the bimah, they are also available in large print.
- Honorees do not have to be Jewish nor must they have a Hebrew name. However, they do need to be older than 12 or 13, b'nei mitzvah age. One person in the group should be Jewish.
- For honorees who have a Hebrew name, please list Hebrew names for anyone called to the Torah. **Hebrew names are not needed for any other honors.** *If people with an Aliyah do not have a Hebrew name, that is totally fine!*
- The parent blessing occurs before your student's 4<sup>th</sup> Aliyah, after the parents have chanted the closing Torah blessing.

### Kiddush and Motzi

- There is no age limit or number limit.
- They can be any religion.
- In a double service, this group will include honorees from both families.

Sibling and Parent Blessings, along with Torah, Candles, Kiddush and Motzi Blessings are on the Temple Sinai website here: <https://templesinai.org/bnei-mitzvah-resources/>

### Questions and Concerns

Your officiating rabbi or cantor can help you with any questions.

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