



Aliyah Sheet Guidelines

The Aliyah sheet is due back to the office two Mondays before your service

Ark Opening and Closing

- We have found that 2 people are optimal, although you can have more people.
- We do not recommend more than 4 people.
- They can be any age, as long as they can reach the ark, typically 13 or older.
- They can be any religion.

Aliyot

- We have found that 1-4 people is optimal, but you can have more people if you would like.
- Family and friends have the honor of the first 2 Aliyot, parents typically have the honor of the 3rd and the bat/bar mitzvah child has the 4th.
- The blessings before and after the Torah can be sung or read.
- The Torah blessings are available in English transliteration and Hebrew on the bimah, they are also available in large print.
- Honorees do not have to be Jewish nor must they have a Hebrew name. However, they do need to be older than 12 or 13, b'nei mitzvah age. One person in the group should be Jewish.
- For honorees who have a Hebrew name, please list Hebrew names for anyone called to the Torah. Hebrew names are not needed for any other honors. *If people with an Aliyah do not have a Hebrew name, that is totally fine!*
- The parent blessing occurs before your student's 4th Aliyah, after the parents have chanted the closing Torah blessing.

Kiddush and Motzi

- There is no age limit or number limit.
- They can be any religion.
- In a double service, this group will include honorees from both families.

Sibling and Parent Blessings, along with Torah, Candles, Kiddush and Motzi Blessings are on the Temple Sinai website here: <https://templesinaidc.org/bar-bat-mitzvah-resources>

Questions and Concerns

Your officiating rabbi or cantor can help you with any questions.