# MINCHAH YIZKOR N'ILAH



HIGH HOLY DAY MACHZOR

# Afternoon Service

#### Ki Hinei Kachomeir

כי הנה כחומר

כִּי הִנֵּה כַּחְמֶר בְּיַד הַיּוֹצֵר, בִּרְצוֹתוֹ מַרְחִיב וּבִרְצוֹתוֹ מְקַצֵּר, בֵּן אֲנַחְנוּ בְּיָדְךּ חֶסֶד נוֹצֵר, לַבְּרִית הַבֵּט וְאַל תֵּפֶן לַיֵּצֶר. כִּי הִנֵּה כָּאֶבֶן בְּיַד הַמְסַתֵּת, בִּרְצוֹתוֹ אוֹחֵז וּבִרְצוֹתוֹ מְכַתֵּת, כֵּן אֲנַחְנוּ בְּיָדְךּ מְחַיֶּה וּמְמוֹתֵת, לַבְּרִית הַבֵּט וְאַל תֵּפֶן לַיֵּצֶר. כִּי הִנֵּה כְּהֶגֶה בְּיַד הַמַּלָח, בִּרְצוֹתוֹ אוֹחֵז וּבִרְצוֹתוֹ שִׁלַח. כֵּן אֲנַחְנוּ בִּיָדְךּ אֵל טוֹב וְסַלָּח, לַבְּרִית הַבֵּט וְאַל תֵּפֶן לַיֵּצֶר.

As clay in the hand of the potter,
to be thickened or thinned at will, are we in Your hand.
Preserve us with your love. Your covenant recall,
and not our imperfection.
As stone in the hand of the mason,
to be broken or preserved at will, are we in Your hand.
Author of life and death, Your covenant recall,
and not our imperfection.
As iron in the hand of the blacksmith,
to be thrust into fire or withdrawn at will, are we in Your hand.
Help us to heal our wounds with deeds of charity.
Your covenant recall, and not our imperfection.



עמידה AMIDAH

# אַדנַי שִּבָּתַי תִּפְתַח וּפִי יַגִּיד תִּהְלֶּתֵךְ.

Adonai s'fatai tiftach ufi yagid t'hilatecha.

Adonai, open up my lips that my mouth may declare Your praise.

#### **God of All Generations**

# אַבוֹת וְאִמֵּהוֹת

Baruch atah Adonai,
Eloheinu, v'Eilohei
avoteinu v'imoteinu,
Elohei Avraham, Elohei
Yitzchak, v'Eilohei Yaakov,
Elohei Sarah, Elohei Rivkah,
Elohei Rachel, v'Eilohei
Leah. HaEil hagadol hagibor
v'hanora, Eil elyon,
gomeil chasadim tovim,
v'koneih hakol, v'zocheir
chasdei avot v'imahot,
umeivi g'ulah livnei v'neihem
l'maan sh'mo b'ahavah.

בָּרוּךְ אַתָּה יְיָ, אֶלֹהֵינוּ וֵאלֹהֵי אֲלֹהֵי אַבְרֶהָם, אֱלֹהֵי אֶלֹהֵי אַבְרֶהָם, אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יִעֲקֹב, אֱלֹהֵי שָׁרָה, אֱלֹהֵי רִבְּקהָ, אֱלֹהֵי דָחֵל וֵאלֹהֵי לַאָה. הָאֵל הֻגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, וְהַנִּרָא, אֵל עֶלְיוֹן, וְחָקְדֵי אָבוֹת וְאִמָּהוֹת, וֹמֵבִיא נְּאֻלָּה לִבְנֵי בְנֵיהֵם לְמַעַן שְׁמוֹ בְּאַהֲבָה.

Blessed are You, Adonai our God, God of our father and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel and God of Leah, the great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, and remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

Zochreinu l'chayim melech chafeitz bachayim, v'chotveinu b'seifer hachayim, l'maancha Elohim chayim. ,זָבְרֵנוּ לְחַיִּים מֶלֶךְ חָפֵץ בַּחַיִּים, וְכָתְבֵנוּ בְּסֵפֶר הַחַיִּים, לְמַעַרְךּ .אֱלֹהִים חַיִּים

Remember us unto life, Sovereign who delights in life, and inscribe us in the Book of Life, for Your sake, O God of life.

Melech ozeir umoshia umagein: Baruch atah Adonai, magein Avraham v'ezrat Sarah. מֶלֶךְ עוֹזֵר וּמוֹשְׁיעַ וּמָגֵן: בָּרוּךְ אַתָּה יְיָ, מָגֵן אַבְרָהָם וְעֶזְרַת שָּׁרָה.

Sovereign, Deliverer, Helper and Shield, Blessed are You, Abraham's Shield, Sarah's Helper.

גָבורוֹת God's Power

Atah gibbor l'olam Adonai m'chayei hakol Atah, rav l'hoshia. M'chalkeil chayim b'chesed, m'chayeih hakol b'rachamim rabim, someich nof'lim, v'rofei cholim, u'matir asurim, um'kayeim emunato lisheinei afar.
Mi chamocha baal g'vurot umi domeh lach, melech meimit um'chayeh u'matzmiach y'shuah:

אַתָּה גִּבּוֹר לְעוֹלֶם אֲדֹנֵי, מְחֵיֵּה הַכּל אֲתָּה רַב, לְהוֹשְׁיעַ. מְכַלְבֵּל חַיִּים בְּחֲסֶד, מְחַיֵּה הַכּל בִּרְחֲמִים רַבִּים, סוֹמֵךְ אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ אָסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ מִי כָמְוֹךְ בַּעַל גְּבוּרוֹת וּמִי דְּוֹמֶה לָּךְ, מֶלֶךְ וּמַץִמִיח יְשׁוּעָה:

You are forever mighty, Adonai; You give life to all.
You sustain life through love, giving life to all through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts?

Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up?

Mi chamocha Av harachamim, zocheir y'tzurav l'chayim b'rachamim. מִי כַמְוֹךּ אַב הָרַחֲמִים, זוֹכֵר יְצוּרָיו לְחַיִּים בְּרַחֲמִים:

Who is like You, compassionate God, who mercifully remembers Your creatures for life?

V'ne-eman atah l'hachayot hakol. Baruch atah Adonai m'chayeih hakol. וְנֶאֱמָן אַתָּה לְהַחֲיוֹת הַכּל. בָּרוּךְ אַתָּה יְיָ מִחַיֵּה הַכּל.

You faithfully give life to all. Blessed are You, Adonai, who gives life to all.

#### **God's Holiness**

קדושָה

Atah kadosh v'shimcha kadosh uk'doshim b'chol yom yehal'lucha, selah. Kadosh atah v'nora sh'mecha, v'ein elohah mibaladecha, kakatuv: vayigbah Adonai tzeva-ot bamishpat, v'ha-Eil hakadosh nikdash bitz'dakah. Baruch atah Adonai, haMelech hakadosh.

אַתָּה קָדוֹשׁ וְשִׁמְּךּ קָדוֹשׁ וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלְוּךּ, שֶּלָה. שְׁמֶךּ, וְאֵין אֱלְוֹהַ מִבֵּלְעָדֶיךּ, כַּכָּתוּב: נְהָאֵל הַקָּדוֹשׁ בָּרוּךְ אַתָּה, יְיָ, הַמֵּלֵךְ הַקָּדוֹשׁ הַמֵּלֵךְ הַקָּדוֹשׁ הַמֵּלֵךְ הַקָּדוֹשׁ

You are holy, Your Name is holy, and we will praise your holiness every day. You are holy and Your Name is awesome, and there is no God besides You as it is written, "Adonai Tzivaot is exalted in righteousness, and the Holy God is sanctified in justice." Blessed are You, Adonai, the Holy Ruler.

# THE SHORT CONFESSION

## ודוי זוטא

Eloheinu veilohei avoteinu v'imoteinu, tavo l'fanecha t'filateinu, v'al titalam mitchinateinu, she-ein anachnu azei fanim uk'shei oref, lomar l'fanecha, Adonai Eloheinu veilohei avoteinu, tzadikim anachnu v'lo chatanu aval anachnu chatanu.

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וֹאִמוֹתֵינוּ, תָּבֹא לְפָנֶיךּ תְּפִלֶּתֵנוּ, וְאַל תִּתְעַלַּם מִתְּחָנָּתֵנוּ, שָׁאֵין אֲנַחְנוּ לְפָנֶיךְ יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ, צַדִּיקִים אֲנַחְנוּ וְלֹא חָטֵאנוּ, אֲבָל אֲנַחְנוּ חָטֵאנוּ, אֲבָל

Our God, God of our mothers and fathers, grant that our prayers may reach you. Do not be deaf to our pleas, for we are not so arrogant and stiff-necked as to say before You, our God and God of all ages, we are perfect and have not sinned; rather do we confess; we have gone astray, we have sinned, we have transgressed.

Ashamnu, bagadnu, gazalnu, dibarnu dofi, he-evinu, v'hirshanu, zadnu, chamasnu, tafalnu shaker.
Yaatznu ra, kizavnu, latznu, maradnu, niatznu, sararnu, avinu, pashanu, tzararnu, kishinu oref, rashanu, shichatnu, tiavnu, ta-inu, titanu.

אָשַׁמְנוּ, בָּגַדְנוּ, הָצֵלְנוּ, דִּבַּרְנוּ דְפִי, חַבְּלְנוּ, חָמַסְנוּ, טַפַלְנוּ טָתַדְנוּ, נִאַצְנוּ, טַבְרְנוּ, טָתַדְנוּ, נִאַצְנוּ, צָרַרְנוּ, עָלְינוּ, פָּשַׁעְנוּ, דָשַׁעְנוּ, שִׁחַתְנוּ, תָשַׁעְנוּ, שִׁחַתְנוּ,

We have offended and betrayed; we have robbed and slandered; we have been perverse and corrupt, arrogant and violent; we have deceived and misled others; we have lied and scoffed; we have been rebellious, cynical and stubborn; we have cheated and transgressed; we have oppressed; we have been obstinate, vicious and destructive; we have acted shamefully; we have gone astray and led others astray.

# THE LONG CONFESSION

ודוי רבה

For these sins, our God, we ask forgiveness:

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בְּזָדוֹן וּבִשְׁגָנָה, וְעַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בִּשְׁבְוּעַת שָׁוְא.

The ways we have wronged You deliberately and by mistake; and harm we have caused in Your world through insincere promises.

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךְ בִּפְלִילוּת, וְעַל חֵטְא שֶׁחָטֶאנוּ לְפָנֵיךְ בְּקַלוּת רֹאשׁ.

The ways we have wronged You by judging others unfairly; and harm we have caused in Your world by making light of serious matters.

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בְּיֵצֶר הָרָע, ועַל חֵטָא שֵׁחָטֶאנוּ לְפָנֵיךּ בִּעֵינַיִם רָמוֹת.

The ways we have wronged You by giving in to our hostile impulses; and harm we have caused in Your world through condescension.

עַל חֵטְא שֶׁחָטֵאנוּ לְפָנֶיךּ בְּהַרְהוֹר הַלֵּב, וִעַל חֵטָא שֵׁחַטֵאנוּ לִפַנֵיךּ בִּדְבּוּר פֵּה.

The ways we have wronged You through our innermost thoughts; and harm we have caused in Your world through the words of our mouths.

ָעַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בְּכַחַשׁ וּבְכָזָב, וְעַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בְּהוֹנֶאַת רֵעַ. The ways we have wronged You through lies and deceit; and harm we have caused in Your world by mistreating a friend or neighbor.

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בְּשִׂנְאַת חִנָּם, וְעַל חֵטָא שֶׁחָטֶאנוּ לְפָנֵיךּ בִּוִדוּי בֶּה.

The ways we have wronged You by hating without cause; and harm we have caused in Your world through hypocrisy.

ּוְעַל כָּלָם, אֱלְוֹהַ סְלִיחוֹת, סְלַח לְנוּ, מְחַל לְנוּ, כַּפֶּר-לְנוּ.

V'al kulam, Elo-ah s'lichot, s'lach lanu, m'chal lanu, kaper-lanu.

For all these failures of judgment and will -- God of forgiveness, forgive us, pardon us, lead us to atonement.

עַל חֵטְא שֶׁחָטֵאנוּ לְפָנֶיךּ בַּגָּלוּי וּבַפְּתֶר, וְעַל חֵטָא שֶׁחָטֵאנוּ לִפָּנֵיךּ בִּבִלִי דֵעַת.

The ways we have wronged You openly and secretly; and harm we have caused in Your world through our thoughtlessness.

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךְ בְּחָלוּל הַשֵּׁם, וְעַל חֵטָא שֵׁחַטֶאנוּ לְפַנֵיךְ בִּטִמְאַת שִׂפַתַיִם.

The ways we have wronged You by profaning Your name in public; and harm we have caused in Your world through offensive speech.

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בִּרְכִילוּת, וְעַל חֵטָא שֵׁחַטָאנוּ לְפַנֵיךּ בִּזְלִזוּל הוֹרִים וּמוֹרִים. The ways we have wronged You through gossip and rumor; and harm we have caused in Your world through disrespect to parents and teachers.

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בְּצָרוּת עֵיִן, ועַל חֵטָא שֵׁחַטֵאנוּ לְפַנֵיךּ בִּמַשֵּא וּבִמַתַּן.

The ways we have wronged You through narrow-mindedness; and harm we have caused in Your world through dishonesty in business.

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךּ בְּגִלוּי עֲרָיוֹת, ועַל חֵטָא שֶׁחַטֶאנוּ לְפַנֵיךּ בִּמַאֵכַל וּבִמְשְׁתֵּה.

The ways we have wronged You through sexual immorality; and harm we have caused in Your world through consumption of food and drink.

עַל חֵטְא שֶׁחָטֶאנוּ לְפָנֶיךְ בִּתְשְׂוּמֶת-יָד, וְעַל חֵטָא שֶׁחָטֶאנוּ לְפָנֵיךְ בִּרִיצַת רַגִּלַיִם לְהָרַע.

The ways we have wronged You by betraying trust; and harm we have caused in Your world through impulsive acts of malice.

וְעַל כִּלֶם, אֱלְוֹהַ סְלִיחוֹת, סְלַח לֶנוּ, מְחֵל לֶנוּ, כַּפֵּר-לֶנוּ.

V'al kulam, Elo-ah s'lichot, s'lach lanu, m'chal lanu, kaper-lanu.

For all these failures of judgment and will -- God of forgiveness, forgive us, pardon us, lead us to atonement.

# ACTS OF HEALING AND REPAIR

# הכרת הטוב

God our Creator and Guide,

Let us reflect on the healing acts by which we bring You into our lives, the acts of repair that make You a living presence in our words and deeds:

Acts of healing we have done by judging others with compassion, and acts of repair we have done through rigorous self-judgment;

Acts of healing we have done through kindness to parents and children, and acts of repair we have done through loyalty to spouses, partners, and friends;

Acts of healing we have done through self-discipline and self-restraint, and acts of repair we have done by ridding ourselves of destructive behavior;

Acts of healing we have done by seeking the holy in the ordinary, and acts of repair we have done by taking upon ourselves sacred obligations;

Acts of healing we have done by receiving life as a blessing and a gift, and acts of repair we have done by expressing gratitude and appreciation;

Acts of healing we have done by listening with an open mind to those we love, and acts of repair we have done by making our homes shelters of safety and peace--

For all of these bring nearer the day when You shall be one and Your name shall be one.

שים שלום שים שלום

Sim shalom tovah uv'rachah, chein vachesed v'rachamim, aleinu v'al kol yisrael amecha. שִׂים שָלוֹם טוֹבָה וּבְרָכָה חֵן וָחֶסֶד וְרַחֲמִים, עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עַמֵּךְ.

בָּרְבֵנוּ אָבִינוּ, כָּלֵנוּ כְּאֶחָד בְּאוֹר פָּנֶיךּ, כִּי בְּאוֹר פָּנֶיךּ נַתַתָּ לֵנוּ, יְיָ אֱלֹהֵינוּ, תּוֹרַת חַיִּים וְאַהְבַת חֶסֶד, וּצְדָקָה וּבְרָכָה וְרַחֲמִים וְחַיִּים וְשָׁלוֹם. וְטוֹב בְּעִינֵיךּ לְבָרֵךְ אֶת עַמְךְ יִשְׂרָאֵל, בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוֹמֶךְ.

בְּסֵפֶר חַיִּים, בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה, נִזָּבֵר וְנִכָּתֵב לְפָנֵיךּ, אֲנַחְנוּ וְכָל עַמְּךּ בֵּית יִשְׂרָאֵל, לְחַיִּים טוֹבִים וּלְשָׁלוֹם. בָּרוּךְ אַתָּה יְיָ, עוֹשֵׂה הַשָּׁלוֹם.

Let there be peace. Grant goodness, blessing, and grace, constancy and compassion to us and all Israel, Your people. Avinu, bless and unite all human beings in the light of Your presence; for Your light has shown us a holy path for living: devotion to love, generosity, blessedness, mercy, life, and peace.

In Your goodness, bless Your people Israel with peace at all times.

Let us and the whole family of Israel be remembered and inscribed in the Book of Life. May it be a life of goodness, blessing and prosperity!

May it be a life of peace! You are the Blessed One, Eternal source of peace.



Art by Ronny Tabeka

# **TORAH RITUAL**

# סדר קריאת התורה

Al sh'iloshah d'varim ha-olam omeid, al haTorah v'al haavodah v'al g'milut chasadim. עַל שְׁלשָׁה דְבָרִים הָעוֹלֶם עוֹמֵד, עַל הַתּוֹרָה וְעַל הָעֲבוֹדָה וְעַל גְּמִילוּת חֲסָדִים.

The world stands upon three things; on Torah, on service, and on acts of loving-kindness.

#### **Avinu Malkeinu**

אבינו מלכנו

ָאָבֵינוּ מַלְכֵּנוּ, חָטֶאנוּ לְפָנֶיךּ.

Avinu Malkeinu, we have strayed and sinned before You.

ָאָבִינוּ מַלְבֵּנוּ, אֵין לֶנוּ מֶלֶךְ אֶלָא אֲתָּה.

Avinu Malkeinu, You alone are our Sovereign.

ָאָבֵינוּ מַלְבֵּנוּ, עֲשֵׂה עִמָּנוּ לְמַעַן שְׁמֶךְ.

Avinu Malkeinu, act toward us as befits Your name.

אַבִינוּ מַלְכֵּנוּ, חַדֵּשׁ עַלֵינוּ שַׁנַה טוֹבַה.

Avinu Malkeinu, renew for us a year of goodness.

אַבִינוּ מַלְבֵּנוּ, זַכור כִּי עַפַר אֵנַחָנוּ.

Avinu Malkeinu, remember: we are but dust of the earth.

אָבֶינוּ מַלְבֵּנוּ, תִּבֶא הַשָּׁעָה הַזֹּאת שִׁעַת רַחֲמִים וְעֵת רָצוֹן מִלְפָבֵיךְ.

Avinu Malkeinu, let this hour in Your presence be a time of compassion and acceptance.

אָבְינוּ מַלְבֵּנוּ, חֲמוֹל עָלֵינוּ וְעַל עוֹלָלֵנוּ וְטַפֵּנוּ.

Avinu Malkeinu, have compassion on us and our families.

ּאָבִינוּ מַלְבֵּנוּ, עֲשֵׂה לְמֵעַן טְבוּחִים עַל יִחוּדֶךְ.

Avinu Malkeinu, act for the sake of those slain for their devotion to You.

ּ אָבְינוּ מַלְבֵּנוּ, עֲשֵׂה לְמַעַן הֲרוּגִים עַל שֵׁם קָדְשֶׁךְּ

Avinu Malkeinu, act for the sake of those killed because they were Jews.

ּ אָבִינוּ מַלְבֵּנוּ, עֲשֵׂה לְמַעַן בָּאֵי בָאֵשׁ וּבַמַּיִם עַל קדוּשׁ שְׁמֶךּ

Avinu Malkeinu, act for the sake of those who suffered fire and water to sanctify Your name.

אָבְינוּ מַלְבֵּנוּ, אָבְינוּ מַלְבֵּנוּ, choneinu vaaneinu
אָבְינוּ מַעְבִּנוּ, חָבֵּנוּ וַעֲבֵנוּ, חָבֵּנוּ וַעֲבֵנוּ, אוֹ פָנוּ וַעֲבָנוּ, ki ein banu maasim, בִּי אֵין בָּנוּ מַעֲשִׂים, aseih imanu
צְדָקָה וָחֱסֶד
tz'dakah vachesed צְדָקָה וָחֱסֶד
v'hoshi-einu.

Avinu Malkeinu, Almighty and Merciful, answer us with grace, for our deeds are wanting. Save us through acts of justice and love.

# **Bringing Forth the Torah**

הוצאת התורה

Ki mitziyon teitzei Torah, u'dvar Adonai mi-rushalaiyim. כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה, וּדְבַר יִיָ מִירוּשָלֵיִם.

From out of Jerusalem shall go forth the Torah, and the word of God from Jerusalem.

Baruch shenatan Torah I'amo Yisrael bik'dushato.

בָּרוּךְ שֶׁנָּתַן תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל בִּקְדָשָׁתוֹ.

Blessed is the Giver of Torah to God's people Israel in God's holiness.

Sh'ma Yisraeil, Adonai Eloheinu, Adonai echad. שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

Hear, O Israel, Adonai is our God, Adonai is One.

Echad Eloheinu, gadol Adoneinu, kadosh v'norah sh'mo. אֶחָד אֱלֹהֵינוּ, נָּדוֹל אֲדוֹנֵנוּ, קָדוֹשׁ וְנוֹרָא שְׁמוֹ.

Our God is one, great is our Master, holy and awesome is God's name.

Gadlu ladonai iti, un'rom'ma sh'mo yachdav.

גַדְלוּ לַיְיָ אִתִּי, וּנְרוֹמְמָה שְׁמוֹ יַחְדָּו.

Magnify God with me, and we will praise God's name together.

#### **Blessing Before Torah Reading**

# ברכה שלפני התורה

Bar'chu et Adonai
ham'vorach.
Baruch Adonai ham'vorach
l'olam va'ed.
Baruch atah Adonai
Eloheinu Melech
ha-olam, asher bachar
banu mikol haamim,
v'natan lanu et Torato.
Baruch atah Adonai,
notein haTorah.

בָּרְכוּ אֶת יְיָ הַמְּבוֹרָךְ. לְעוֹלָם וָעֶד. בָּרוּךְ אַתָּה יְיָ הָעוֹלָם, אֶשֶׁר בְּחַר הָעוֹלָם, אֶשֶׁר בְּחַר בָּנוּ מִכָּל הָעַמִים בָּרוּךְ אַתָּה יְיָ, בָּרוּךְ אַתָּה יְיָ,

Bless the Eternal, the Blessed One. Blessed is the Eternal, the Blessed one, now and forever. Blessed are You, Eternal our God, supreme Power of the universe, who embraced us and gave us this Teaching, having chosen us to embody Torah among the peoples of the earth.

Blessed are You, God of eternity, whose gift is Torah.



### Leviticus 19:1-4, 9-18, 32-37

א וַיְדַבֵּר יְהנָה אֶל־מֹשֶׁה לֵאמְר: ב דַּבֵּר אֶל־כָּל־עֲדַת בְּנֵי־יִשְׂרָאֵל וְאֶמַרְתָּ אֲלֵהֶם קְדשִׁים תְּהְיוּ כִּי קָדוֹשׁ אֲנִי יְהנָה אֱלְהֵיכֶם: ג אִישׁ אִמּוֹ וְאָבִיו תִּירָאוּ וְאֶת־שַׁבְּתֹתַי תִּשְׁמֹרוּ אֲנִי יְהנָה אֱלְהֵיכֶם: ד אַל־תִּפְנוּ אֶל־הָאֱלִילִם וֵאלֹהֵי מַסֵּכָה לֹא תַעֲשׂוּ לַכֵם אַנִי יִהנָה אֱלְהֵיכֵם:

ט וְבְקָצְרְכֶם אֶת־קְצִיר אַרְצְכֶם לֹא תְכַלֶּה פְּאַת שֶׂדְךְּ לִקְצֹר וְלֶּקֶט קְצִירְךְּ
לֹא תְלַקֵּט: י וְכַרְמְךּ לֹא תְעוֹלֵל וּפֶרֶט כַּרְמְדּ לֹא תְלַקֵט לֶעָנִי וְלַגִּר תַּעֲזֹב
אֹתָם אֲנִי יְהֹוָה אֱלְהֵיכֶם: יא לֹא תִּגְּלֹבוּ וְלְא־תְכַּחֲשׁוּ וְלְא־תְשַׁקְרוּ אִישׁ
בַּעֲמִיתְוֹ: יב וְלְא־תִשָּׁבְעוּ בִשְׁמִי לַשָּׁקֶר וְחַלַּלְתָּ אֶת־שֵׁם אֱלֹהֶיךְ אֲנִי יְהֹוֶה:
יג לֹא־תְעֲשׁוּ אֶתֶרְבְיְרְ וְלֹא תִנְּוֹל לְא־תָלֵו מְבְשׁל וְיָרֵאתָ מֵאֱלֶהֶיךְּ אֲנִי יְהֹוֶה:
יז לְא־תִשְׁנָּ אֶת־אָחִיּךְ בָּלְבָבֶּךְ הוֹבֵחַ תּוֹכִיחַ אֶת־עֲמִיתֶךְ וְלְא־תִּטֹּר בְּלְבָבֶּךְ הוֹבֵחַ תּוֹכִיחַ אֶת־עֲמִיתֶךְ וְלְא־תִּשְׁר בְּלְבָבֶּךְ הוֹבֵחַ תּוֹכִיחַ אֶת־עֲמִיתֶךְ וְלְא־תִּשְׁר בְּלָא־ תַשְׁיִבְּי וְלְא־תִשְׁר בְּלְבָבֶּךְ הוֹבֵחַ תּוֹכִיחַ אֶת־עֲמִיתֶךְ וְלְא־תִּשֹׁר בְּבָבֶרְ הוֹבֵחַ תּוֹכִיחַ אֶת־עֲמִיתֶךְ וְלְא־תִשְׁר בְּלְבָבֶּךְ הוֹבֵחַ תּוֹכִיחַ אֶת־עְמִיתֶךְ וְלְא־תִשְׁר בְּבְבֶּרְ הוֹבֵחַ תּוֹבְית וְמִיתְרָ בְּלִבְבֶּךְ וְלְא־תִשֹּר לֹא אֶת־בְּמִיתֶךְ וְלְא־תִשְׁר בְּבָבֶרְ הוֹבְתִי תְּלְבִבְּרְ הוֹבְתִי תְּשְׁרִּ בְּבָּתְיֹיךְ וְלְא־תִשְׁר בְּבָבֶרְ וֹלְא־תִשְׁר בְּנִי וְחָבְיִם בְּתְּבְּרְ בְּבֶרְ הוֹבְחַ תְּלִית חֵטְא: יח לְא־תִקּם וְלְא־תִשֹּר אָלִיי חֲטְא: יח לְא־תִקּם וְלְא־תִשֹּר אֶתְרִיתְּבְּתְ לְבְבֶרְ בְּבָּרְ הִבְּיִי עֲמֶּךְ וְמְבִיר וְמְיִיתְיִבְיִי הְנֹבְיִי הְשִּבְּי וְחִלְא: יח לְא־תִשְׁר וְלִיי הְנִייְהוֹבְּתְי

לב מִפְּנֵי שֵׂיבָה תָּקוּם וְהַדַּרְתָּ פְּנֵי זָקֵן וְיָרֵאתָ מֵּאֱלֹהֶיךְ אֲנִי יְהֹוֶה: לג וְכִי־
יָגוּר אִתְּךְּ גֵּר בְּאַרְצְכֶם לֹא תוֹנוּ אֹתְוֹ: לד כְּאֶזְרָח מִכֶּם יִהְיֶה לָכֶם הַגֵּר
וְהַנָּר אִתְּכֶם וְאֲהַבְתָּ לוֹ כָּמוֹךְ כִּי־גִּרִים הֲיִיתֶם בְּאֶרֶץ מִצְרָיִם אֲנִי יְהֹוָה
אֱלְהֵיכֶם: לה לֹא־תַעֲשׂוּ עָנֶל בַּמִּשְׁפָּט בַּמִדָּה בַּמִשְׁקָל וּבַמְשׁוּרֵה: לו
מֹאזְנֵי צֶדֶק אַבְנִי־צֶדֶק אֵיפַת צֶדֶק וְהִין צֶדֶק יִהְיֶה לָכֶם אֲנִי יְהֹוָה אֱלְהֵיכֶם
אֲשֶׁר־הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרֵיִם: לז וּשְׁמַרְתֶּם אֶת־כָּל־חֻקּתִי וְאֶת־:
בַּל־מִשְׁפַּטֵי וַעֲשִׂיתֵם אֹתָם אֵנִי יִהוֹה:

The Eternal One spoke to Moses, saying: Speak to the whole community of Israel, and say to them: You shall be holy, for I, your Eternal God, am holy. Revere your mother and your father, each one of you, and keep My sabbaths; I, the Eternal, am your God. Do not turn to idols, nor make for yourselves molten gods; I, the Eternal, am your God.

When you reap the harvest of your land, do not reap the corners of your field, and do not glean the fallen ears of your crop. Nor may you strip your vineyard bare, nor gather the overlooked grapes; you must leave them for the poor and the stranger; I, the Eternal, am your God. You must not steal; you must not act deceitfully nor lie to one another. And you must not swear falsely by My name, profaning the name of your God; I am the Eternal One. You must not oppress your neighbor. Do not commit robbery. The wages of a laborer should not remain with you overnight until morning. Do not curse the deaf, nor put a stumbling-block before the blind: show reverence for your God, I am the Eternal One. Do not pervert justice, neither by favoring the poor nor by deferring to the powerful: you must judge your neighbor justly. You must not go about slandering your kin, nor may you stand idly by when your neighbor's blood is being shed; I am the Eternal One. You shall not hate your brother or sister in your heart. Rather, you must reason with your kin, so that you do not incur guilt on their account. But you must not seek vengeance, nor bear a grudge against your kin; you shall love your neighbor as yourself; I am the Eternal One.

You shall rise in the presence of the aged and show respect for the old: you shall revere your God; I am the Eternal One. When strangers live with you in your land, you must not oppress them. The strangers who live with you shall be to you like citizens, and you shall love them as yourself, for you were strangers in the land of Egypt; I, the Eternal One, am your God. Do not pervert justice when you measure length, weight, or quantity. You must have honest scales, honest weights, honest dry and liquid measures; I, the Eternal am your God who led you out of the land of Egypt. You shall observe all My statutes and precepts, and do them; I am the Eternal One.

# **Blessing After Torah Reading**

#### ברכה שאחרי התורה

Baruch atah Adonai Eloheinu Melech ha-olam, asher natan lanu torat emet, v'chayei olam nata b'tocheinu: Baruch atah Adonai, notein haTorah. בָּרוּךְ אַתָּה יְיָ אֶלֹהֵינוּ מֱלֶךְ הָעוֹלָם, אֲשֶׁר נְתַן לֵנוּ תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ: בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרַה:

Blessed are You, Eternal our God, supreme Power of the universe, who gave us a Teaching of truth and planted within us eternal life. Blessed are You, God of eternity, whose gift is Torah.

# **Prayer for Healing**

רפאנו

R'fa-einu Adonai v'neirafei, hoshi-einu v'nivashei-ah. Baruch atah Adonai, rofei hacholim. ְרְפָאֵנוּ יְיָ, וְנֵרְפֵא, הוֹשִיעֵנוּ וְנִוְשֵעָה. בָּרוּךְּ אָתָּה יְיָ, רוֹפא החוֹלים.

O compassionate One we cry out to You. Be with us in our darkness, God of light hear our prayer. Lift our hearts to You. Grant us wholeness and strength. Renew our lives with blessing and hope.

# Lifting the Torah

#### הגבה

V'zot haTorah asher sam Moshe lifnei b'nei Yisrael al pi Adonai b'yad Moshe.

ְוֹזֹאת הַתּוֹרָה אֲשֶׁר שָׂם משֶׁה לִפְנֵי בְּנֵי יִשְׂרָאֵל עַל פִּי יִיָ בְּיַד משֶׁה.

This is the Teaching that Moses set before the people Israel-at the command of God, by the hand of Moses.

## **Blessing before the Haftarah**

## ברכה שלפני ההפטרה

Baruch atah Adonai eloheinu melech ha-olam, asher bachar bin'vi-im tovim, v'ratzah v'div-reihem hane-emarim ba-emet, baruch atah Adonai, habocheir baTorah uv'moshe avdo, uv'Yisrael amo, uvinvi-ei ha-emet vatzedek.

בָּרוּךְ אַתָּה יְיָ אֶלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בִּנְבִיאִים טוֹבִים, וְרָצָה בָּנְאֲמָרִים בָּאֱמֶת, בַּרוּךְ אַתָּה יְיָ, וּבְמֹשֶׁה עַבְדּוֹ, וּבְיִשְׂרָאֵל עַמּוֹ, וּבִנְבִיאֵי הָאֱמֶת וָצֵדֵק.

This is the Teaching that Moses set before the people Israel--at the command of God, by the hand of Moses.

Haftarah הפטרה

#### Jonah 1:1-3

א נֵיְהִי דְבַר־יְהֹנָה אֶל־יוֹנָה בֶּן־אֲמִתַּי לֵאמְר: ב קוּם לֵךְ אֶל־נְיְנְנֵה הָעִיר הַגְּדוֹלָה וּקְרָא עָלֶיהָ כִּי־עֵלְתָה רֲעָתָם לְפָנֵי: ג וַיָּקֶם יוֹנָה לִבְרֹחַ תַּרְשִׁישָׁה מִלְפְנֵי יְהֹנָה וַיֵּרֶד יָפּוֹ וַיִּמְצָא אֱנִיָּה | בָּאָה תַרְשִׁישׁ וַיִּתֵּן שְׂכָרָהּ וַיֵּרֶד בָּהּ לָבוֹא עִמָּהֶם תַּרְשִׁישָׁה מִלִּפְנֵי יִהֹוָה:

And the word of Adonai came to Jonah son of Amittai: "Get up! Go to the great city of Nineveh, and proclaim against it-- for their evil deeds have risen up before Me." But Jonah got up to flee to Tarshish-- away from the presence of Adonai. And he went down to Jaffa and found there a ship heading for Tarshish, and he paid its fare and went down into it, to head with them to Tarshish-- away from the presence of Adonai.



Art by Ronny Tabeka

Haftarah

#### Jonah 4:5-11

ה וַיִּצֵא יוֹנָה מִן־הָעִיר וַיִּשָׁב מִקֶּדֶם לָעִיר וַיַּעַשׁ לוֹ שָׁם סֻכָּה וַיֵּשָׁב תַּחְתֶּיהְ
בַּצֵל עַד אֲשֶׁר יִרְאֶה מַה־יִּהְיֶה בָּעִיר: ו וַיְמַן יְהֹוֶה־אֱלֹהִים קִיקִיוֹן וַיַּעַל |
בַּצֵל עַד אֲשֶׁר יִרְאֶה מַה־יִּהְיֶה בָּעִיר: ו וַיְמַן יְהֹוֶר וֻיִּשְׂמַח יוֹנָה
עַל־הַקִּיקִיוֹן שִׂמְחָה גְדוֹלֵה: ז וַיְמַן הֵאֱלֹהִים תּוֹלַעַת בַּעֲלוֹת הַשַּׁחַר
לַמְחֲרָת וַתַּךְ אֶת־הַקּיקִיוֹן וַיִּיבֶשׁ: ח וַיְיִהִי | בִּזְרֹחַ הַשָּׁמֶשׁ וַיְמַן אֱלֹהִים רוּחַ לַמְחְרָת וַתַּךְ אֶת־נַפְשׁוֹ לָמוּת עַלְּרִת וַתַּךְ הַשְּׁמֶשׁ עַל־רֹאשׁ יוֹנָה וַיִּתְעַלֶּף וַיִּשְׁאַל אֶת־נַפְשׁוֹ לָמוּת וּיִּבְּ שִׁנְיִינִן אֲשֶׁר הָיִםב חֶרָה־לִי עַד־מְּוֶת: י וַיֹּאמֶר יְהֹוָה אַתָּה חַסְהָּ עַל־הַקִּיקִיוֹן אֲשֶׁר לְא־עָמַלְתָּ בּוֹ וְלֹא גִדַּלְתוֹ שֶׁבּּן־לַיְלָה הָיָה וּבְּן־לַיְלָה
עַל־הַקִּיקִיוֹן אֲשֶׁר לְא־עָמֵלְתָּ בּוֹ וְלֹא גִדַּלְתוֹ שֶׁבּּן־לַיְלָה הָיָה וּבְּן־לַיְלָה
אָשֶׁר יֶשׁ־בָּה הַבּוֹ אָדָם אֲשֶׁר לְא־יָדַע בֵּין־יְמִינוֹ לִשְׁמֹאלוֹ

Then Jonah left the city, found a place east of the city, made himself a shelter there, and sat under it in the shade until he might see what would become of the city. And Adonai Elohim provided a gourd, and made it rise up over Jonah to give shade for his head and rescue him from his evil situation. And Jonah rejoiced-- with great joy-- because of the gourd. But at dawn the next day God provided a worm that attacked the gourd, and it withered. And as the sun rose, God provided an oppressive wind from the east; and the sun beat down on Jonah's head, making him faint. He begged for death, saying: "It is better for me to die than to live." Then God said to Jonah: "Are you good and angry about the gourd?" And he said: "I am good and angry to the point of death." Then Adonai said: "You pitied the gourd, which you neither worked for nor grew, which appeared overnight and perished overnight. Should I, then, not have compassion for the great city of Nineveh, a place of more than a hundred and twenty thousand human beings unable to tell their right hand from their left-- and many beasts?"

#### **Blessing After Haftarah**

Baruch atah Adonai Eloheinu Melech ha-olam, tzur kol ha-olamim, tzadik b'chol hadorot, ha-eil hane-eman ha-omeir v'oseh, ha m'dabeir um'kayeim, shekol d'varav emet vatzedek. Al haTorah, v'al ha-avodah, v'al han'vi-im, v'al (yom haShabbat hazeh v'al) yom hakipurim hazeh, shenatata lanu, Adonai Eloheinu, (likdusha v'limnuchah) lim'chilah v'lislicha ul'chaparah, l'chavod ul'tifaret. Al hakol Adonai Eloheinu, anachnu modim lach, um'var-chim otach, yitbarach shimcha b'fi kol chai tamid l'olam va-ed ud'varcha emet v'kayam laad. Baruch atah Adonai, melech mocheil v'solei-ach laavonoteinu, v'laavonot amo beit Yisrael, umaavir ashmoteinu b'chol shanah v'shanah, melech al kol haaretz, m'kadeish (haShabbat v') Yisrael v'yom hakipurim.

#### ברכה שאחרי ההפטרה

בַּרוּךְ אַתַּה יִיָ אֱלֹהֵינוּ מֵלֶךְ הַעוֹלֶם, צוּר כֵּל העולמים, צדיק בכל הַדורות, הַאֵל הַנַּאֵמַן הַאוֹמֶר וְעֹשֵׂה, הַמְדַבֵּר וּמַקַיֵּם, שֵׁכַּל דְּבַרֵיו אֱמֶת וַצֵדֶק. עַל הַתּוֹרָה, וְעַל העבודה, ועל הנביאים, ועל (יום הַשַּבַת הַזָה ועַל) יוֹם הַכְּפוּרִים הַזֵּה שנתת לנו, ייַ אַלהֵינוּ (לַקְדְשָה וַלְמְנוּחַה) לָמִחִילַה וָלְסָלִיחַה וּלְכַפַּרַה, לכבוד ולתפארת. על הכל יי אַלהֵינוּ, אַנַחנוּ מוֹדִים לַךְ, וּמָבַרְכִים אוֹתַךְ, יִתְבַּרַךְ שָׁמִךְּ בִּפִי כַּל חֵי תַּמִיד לְעוֹלַם וַעֵד וּדְבַרִּ אֱמֶת וְקַיַּם לַעַד. בַּרוּךְ אַתַּה יִיַ, מֱלֶּךְ מוחל וסולח לַעֲוֹנוֹתֵינוּ, וַלַעֲוֹנוֹת עֲמוֹ בֵית יִשְרָאֵל, וּמַעַבִיר אַשְמוֹתֵינוּ בָּכָל שָנָה וִשָּנָה, מֵלֵך עַל כָּל הָאָרֶץ, מְקַדֵּשׁ (הַשַּבַת וַ) ישראַל ויום הכפורים. Blessed are You, our God Eternal, supreme Power of the universe, Rock of all ages, Source of justice in all generations, God in whom faithfulness abides, whose word is deed, whose every utterance bespeaks truth and righteousness. Our God Eternal, for all of these gifts we thank You and bless you: Torah,

worship, the books of the prophets, and this Day of Atonement-- given to us for the sake of pardon and forgiveness, that we might make amends with honor and dignity. Let all life bless Your name continually, to the end of time, so that Your truth will endure forever. Blessed are You, Adonai, Sovereign who forgives our failings and pardons the failings of Your people, the House of Israel. You banish our guilt from year to year; You reign in majesty over all the earth; you sanctify the people Israel and the Day of Atonement.

#### Returning the Torah to the Ark

Y'hal'lu et sheim Adonai ki nisgav sh'mo l'vado. Hodo al eretz v'shamayim vayarem keren l'amo t'hilah l'chol chasidav livnei Yisrael am k'rovo. Hal'lu Ya!

#### הכנסת ספר תורה

יְהַלְלוּ אֶת שֵם יְהוָה כִי נִשְגָב שְמוֹ לְבַדּוֹ. הוֹדוֹ עַל אֶרֶץ וְשָמָיִם וַיָרֶם קֶרֶן לְעַמוֹ תְהִלָּה לְכָל חֲסִידִיו לִבְנֵי יִשְרָאֵל עַם קִרֹבוֹ הַלְלוּ יַהִּ.

All praise God's name, for God's name alone is truly subline: Your brightness lights the earth and sky, raises us up, blares out the note from Your people's trumpet- an exultant blast for all who struggle with You and are close at hand-Halleluvah!

Aleinu עלינר

We stand before God who calls forth our strength.

The nobility and truth of our history is in God; in God-- the source of our survival, our firm stand through trial and change.

Ours is a history of spiritual greatness, a legacy of spiritual dignity.
We turn to it when we are besieged by insult and attack.
We look to it when need and suffering press in upon us.

From generation to generation, the Eternal led our ancestors. The One who leads us through all our days will lead our children through theirs.

We stand before our God-strengthened by reverence for the sacred obligations of Torah, ennobled by a commitment to do what is just and right.

We bow before God, stand upright before all people. In a world of tumultuous change, we are steadfast: we serve the Eternal.

With humility we say: our faith is in God whose call is compelling. Our response will shape our future. Aleinu l'shabei-ach la-adon hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei haaratzot, v'lo samanu k'mishp'chot haadamah.
Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּל, לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שֶׁלֹּא עָשֶׂנוּ כְּגוֹיֵי הָאֲרָצוֹת, וְלֹא שָׁמֵנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה, שָׁלֹא שָׂם חֶלְקֵנוּ כָּהֶם, וְגֹרָלֵנוּ כְּכָל הֲמוֹנָם.

Va-anachnu korim umishtachavim umodim, lifnei melech, mal'chei hamlachim, hakadosh baruch hu. וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶךְ, מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בּרוּךְ הוּא.

V'ne-emar v'haya Adonai I'Melech al kol haaretz: Bayom hahu, yi-h'yeh Adonai echad, ush'mo echad. ְוָנֶאֱמֵר וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאֱרֶץ: בַּיוֹם הַהוּא, יִהְיֶה יְיָ אֶחָד, וּשְמוֹ אֶחָד.

Ours is the duty to praise the All-Sovereign, to honor the Artist of Creation, who made us unique in the human family, with a destiny all our own. For this we bend our knees and bow with gratitude before the Sovereign Almighty-- Monarch of all-- the Wellspring of holiness and blessing. As the prophet announced, "The Eternal shall be sovereign over all the earth. On that day the Eternal shall be one, and God's name shall be one."

It is written: "Know before whom you stand"--but in truth we do not know.

Perhaps we stand before our historya chronicle of stubbornness, quiet heroism and the will to live.

Perhaps it is the memory of those who struggled to be human in a world that was dark and cold.

Perhaps it is Torah that summons us to rise: the golden chain of tradition; a reverence for learning; permission to question and doubt.

Perhaps we stand before ideals that call us to do justice, to live kindness, and to walk humbly on this earth.

Perhaps it is awe at the kinship of all that live, or the Unknowable, Unnamable mystery that brought us here.

We stand together: seekers, doubters, and those who are firm in their faith.

And this we know:

The day is short; the work immense; the laborers are reluctant; the reward is great; and the need is urgent.

# Tree of Life עץ חיים היא

Eitz chayim hi
lamachazikim bah,
v'tom'cheha m'ushar.
D'racheha darchei noam,
v'chol n'tivoteha shalom.
Hashiveinu Adonai,
eilecha v'nashuvah
chadeish yameinu k'kedem.

עֵץ חַיִּים הִיא לַמַּחֲזִיקִים בָּה, וְתֹמְכֶיהָ מְאֻשָּׁר. דְּרָכֵיהָ דַּרְכֵי נעַם, וְכָל נְתִיבוֹתֶיהָ שָׁלוֹם. הֲשִׁיבֵנוּ יְהֹוָה אֵלֶיךּ וְנָשוּבָה חַדֵּשׁ יָמֵינוּ כִּקֵדֵ.

It is a tree of life to those who hold it fast and its supporters are happy. Its ways are ways of pleasantness and all its paths are peace. Return to us Adonai and we shall return. Renew our days as before.



# YIZKOR

Eili, Eili shelo yigamer l'olam: hachol v'hayam rishrush shel hamayim b'rak hashamayim t'filat haadam.

אֵלִי אֵלִי שֶלֹא יָנֶמֵר לְעוֹלָם: הַחוֹל וְהַיָם רִשְרוּש שֶל הַמַיִם בְּרַק הַשָּמִים תִפִילַת הָאָדָם.

O God, my God
I pray that these
things never end:
the sand and the sea
the rush of the waters
the crash of the heavens
the prayer of the heart.

Adonai, what are we that You have regard for us? What are we, that You are mindful of us?

We are like a breath; our days are like a passing shadow. We come and go like grass which in the morning shoots up, renewed, and in the evening fades and withers.

You cause us to revert to dust, saying:
"Return, O mortal creatures!"
Would that we were wise, that we understood where we are going!

For when we die we carry nothing away; our glory does not accompany us.

Mark the whole-hearted and behold the upright; they shall have peace.

Adonai, You redeem the soul of your servants, and none who trust in You shall be desolate.

Adonai natan vadonai lakach y'hi sheim Adonai m'vorach.

יְהֹנָה נָתַן וַיהֹנָה לָקָח יְהִי שֵׁם יְהֹנָה מְבֹרֶךְ.

Adonai has given, Adonai has taken away, blessed by the name of Adonai.

#### The first candle is lit.

אֶנוֹשׁ כֶּחָצִיר יָמָיו כְּצִיץ הַשָּׂדֶה כֵּן יָצִיץ כִּי רוּחַ עָבְרָה־בּוֹ וְאֵינֶנּוּ וְלֹא־יַכִּירֶנּוּ עוֹד מְקוֹמוֹ וְחֶסֶד יְהֹוָה מֵעוֹלָם וְעַד־עוֹלָם עַל־יְרֵאָיו וִצִדְקָתוֹ לִבְנֵי בָנִים.

Our days are like grass, we shoot up like flowers that fade and die as the chill wind passes over them, yet Your love for those who revere You is everlasting, Your righteousness extends to all generations.

Birth is a beginning and death a destination. And life is a journey: From childhood to maturity And youth to age: From innocence to awareness and ignorance to knowing; From foolishness to discretion And then, perhaps, to wisdom From weakness to strength Or strength to weakness And, often, back again; From health to sickness And back, we pray, to health again; From offense to forgiveness. From loneliness to love. From joy to gratitude,

From pain to compassion And grief to understanding From fear to faith: From defeat to defeat to defeat Until, looking backward or ahead. We see that victory lies Not at some high place along the way, But in having made the journey, stage by stage, A sacred pilgrimage. Birth is a beginning And death a destination And life is a journey. A sacred pilgrimage To life everlasting.

Rabbi Alvin Fine

שִׁוִיתִי יְיָ לְנֶגְדִי תָמִיד, כִּי מִימִינִי בַּל אֶמוֹט. לָכֵן שָׂמַח לִבִּי וַיָּגֶל כְּבוֹדִי, אַף בְּשָׂרִי יִשְּׁכֹּן לְבֶטַח. כִּי לֹא תַעַזֹב נַבְשִׁי לִשְּׁאוֹל, לֹא תָתֵן חֲסִידְךּ לִרְאוֹת שָׁחַת. תוֹדִיעֵינִי אֹרַח חַיִיּם, שְבַע שְׁמָחוֹת אֶת פָּנֶיךְ, נְעִמוֹת בִּימִינְךְ נֶצַח

I have set the Eternal always before me. God is at my side, I shall not be moved. Therefore does my heart exult and my soul rejoice, my being is secure. For You will not abandon me to death, nor let Your faithful ones see destruction. You show me the path of life. Your presence brings fullness of joy. Enduring happiness is Your gift.

Adonai natan vadonai lakach y'hi sheim Adonai m'vorach.

יְהֹנָה נָתַן וַיהֹנָה לָקָח יְהִי שֵׁם יְהֹנָה מְבֹרָךְ.

Adonai has given, Adonai has taken away, blessed by the name of Adonai.

#### The second candle is lit.

ִמְזְמוֹר לְדָוִד. יְיָ רֹעִי, לֹא אֶחְסָר. בִּנְאוֹת דֶּשֶׁא יַרְבִּיצֵנִי, עַל מֵי מְנֶחוֹת יְנַהַלֵנִי, נַפְשִׁי יְשוֹבֵב. יַנְחֵנִי בְּמַעְגְלֵי צֶדֶק לְמֵעַן שְׁמוֹ. גַם כִּי אֵלֶךְ בְּגֵיא צַלְמָנֶת לֹא אִירָא רָע, כִּי אַתָּה עִמָדִי. שִׁבְטְךּ וּמִשְּׁעַנְתֶּךְ הַמָּה יְנַחַמֻנִי. תַעַרֹךְ לְפָנֵי שֻׁלְחָן נָגֶד צֹרְרָי. דִּשַּׁנְתָּ בַשֶּׁמֶן רֹאשִׁי כּוֹסִי רְוָיָה. אַךְ טוֹב וָחֶסֶד יִרְדְפוּנִי כָּל יְמֵי חַיִי, וְשַׁבְתִּי בְּבֵית יְיָ לְאֹרֶךְ יָמִים.

Adonai is my shepherd; I shall not want.

God makes me to lie down in green pastures.

God leads me beside the still waters.

God restores my soul.

God leads me in the paths of righteousness for God's name's sake.

Yea, though I walk through the valley of the shadow of death,

I will fear no evil for You are with me.

Your rod and Your staff, they comfort me.

You prepare a table before me in the presence of my enemies.

You anoint my head with oil; my cup runs over.

Surely goodness and mercy shall follow me all the days of my life;

And I will dwell in the house of Adonai forever.

Fully compassionate God on high:
To our six million brothers and sisters
murdered because they were Jews;
to all whose lives have been cut short by
the brutal hand of hatred,
grant clear and certain rest with You
in the lofty heights of the sacred and pure
whose brightness shines like
the very glow of heaven.

Source of mercy: Forever enfold them in the embrace of Your wings; secure their souls in eternity.

Adonai: they are Yours. They will rest in peace. Amen.



#### **ZOT NIT KEYN MOL**

Zog nit keyn mol az du geyst dem letsn veg, Khotsh himlen blayene farshteln bloye teg; Kumen vet nokh undzer oysgebenkte sho, S'vet a poyk ton undzer trot – mir zenen do!

Fun grinem palmen-land biz vaytn land fun shney, Mir kumen on mit undzer payn, mit undzer vey, Un vu gefaln s'iz a shprots fun undzer blut, Shprotsn vet dort undzer gvure undzer mut.

You must not say that you now walk the final way, because the darkened heavens hide the blue of day. The time we've longed for will at last draw near, and our steps, as drums, will sound that we are here.

From land all green with palms to lands all white with snow we now arrive with all our pain and all our woe.

Where our blood sprayed out and came to touch the land, there our courage and our faith will rise and stand.



For our loved ones...

In the rising of the sun and in its going down, we remember them.

In the blowing of the wind and in the chill of winter, we remember them.

In the opening of the buds and the rebirth of spring, we remember them.

In the blueness of the sky and in the warmth of summer, we remember them.

In the rustling of the leaves and the beauty of autumn, we remember them.

In the beginning of the year and when it ends, we remember them

When we are weary and in need of strength, we remember them.
When we are lost and sick at heart, we remember them.

When we have joys we yearn to share, we remember them. So long as we live they too shall live, for they are now a part of us, as we remember them.

# זכרונם לברכה

Zichronam L'vracha
Of Blessed Memory

Jewish tradition teaches us that between the living and the dead there is a window, not a wall. The culture of scientific materialism teaches that after death, the links between us and our loved ones who have died are forever ended - a brick wall! But, like the rituals of Shiva, Kaddish, and Yahrzeit, Yizkor opens windows to loved ones who are no longer with us. Yizkor creates a sacred space and time, wherein we can open our hearts and minds to the possibility of a genuine inter-connection with beloved family members and friends who have left behind the world of the living. Yizkor is a window. Prepare to open that window...

As you recite Yizkor prayers let your senses and imagination serve as the vehicle of inter-connection. For whom are you saying Yizkor today? Can you imagine that person's face before your eyes? See their smile, visualize how they might be carrying their body standing next to you. Do you recall the sound of their voice? Hear their words as you stand in prayer. Feel their presence right in this moment. In your mind, in your heart, allow a conversation between the two of you to unfold. What needs to be communicated this year? What's the message you need to hear today? What are the silent prayers of the heart? What remains unspoken? Speak. Listen. Take your time. There is no reason to hurry. This is a timeless moment. Let all the radiance of their love to be with you right now.



"Meditation for Yizkor" by Rabbi Simcha Paull Raphael in Kol Haneshama: Mahzor Leyamim Nora'im, used with permission - Simcha Raphael, www.daatinstitute.net

Yizkor Elohim nishmot yakirei....
Shehalchu l'olamam.
Ana ti-h'yenah nafshoteihem
tz'rurot b'tz-ror hachayim ut'hi
m'nuchatam kavod.
S'va s'machot et panecha
n'imot bimincha netzach.

יִזְכּׂר אֱלֹהִים נִשְׁמוֹת יַקּירֵי ..... שֶׁהָלְכוּ לְעוֹלָמָם. אָנָּא תִּהְיֶינָה נַפְשׁוֹתֵיהֶם צְרוּרוֹת בִּצְרוֹר הַחַיִּים, וּתְהִי מְנוּחָתָם כָּבוֹד. שְׂבַע שְׁמָחוֹת אֶת פָּנֶיךְּ נִעִימוֹת בִּימִינְךְ נֵצֵח.

May God remember for ever my dear ones ..... who have gone to their eternal rest. May their souls be bound up in the bond of eternal life, and may they rest in peace and honor. May the beauty of their lives shine for evermore and may my life always bring honor to their memory.

Yizkor Elohim nishmot kol acheinu bnei Yisrael shemasru et nafshoteihem al kidush hashem.
Ana ti-h'yenah nafshoteihem tz'rurot b'tz-ror hachayim ut'hi m'nuchatam kavod.
S'va s'machot et panecha, n'imot bimincha netzach.

יִזְכּׁר אֱלֹהִים נִשְׁמוֹת כָּל אַחֵינוּ בְּנֵי יִשְּׂרָאֵל שַׁמָסְרוּ אֶת נַפְשׁוֹתֵיהֶם אַנָּא תִּהְיֶינָה נַפְשׁוֹתֵיהֶם צְרוּרוֹת בְּצְרוֹר הַחַיִּים וּתְהִי מְנוּחֶתָם כָּבוֹד. שְׂבַע שְׂמָחוֹת אֶת פָּנֶיךְ, נִעִימוֹת בִּימִינִךְ נֵצחַ.

May God remember for ever our brothers and sisters of the House of Israel who gave their lives for the sanctification of Your name. May their souls be bound up in the bond of eternal life, and may they rest in peace and honor. May their souls bask in Your Presence, under the protection of Your right hand forever.

#### **MEDITATIONS**

A voice says, "Cry out."
And I say, "What shall I cry?"
"All flesh is like grass, and all its goodness like the flowers of the field.

Grass withers and flowers fade, when the breath of the Lord blows on them. Indeed, all people are but grass. The grass withers and the flowers fade, but the word of our God endures forever.

Isaiah 40:6-8

Just as the hand, held before the eye, can hide the tallest mountain, so the routine of everyday life can keep us from seeing the vast radiance and the secret wonders that fill the world.

Hasidic, 18th Century

When we are dead, and people weep for us and grieve, let it be because we touched their lives with beauty and simplicity. Let it not be said that life was good to us, but, rather, that we were good to life.

Rabbi Jacob P. Rudin

Yizkor, a time to mourn our lost loved ones, is for some a time to mourn relationships that were not fully loving. We pray, "May the memory be a blessing." We hope that with the passing of time we can let go of our pain and disappointment in the shortcoming of our deceased loved ones and see them as blessings in our lives, distilling the goodness in them which may now be overshadowed. In coming to terms with difficult relationships, we are blessed with peace, and memory becomes blessing.

Betsy Teutsch, Kol Haneshama: Mahzor Leyamim Nora'im

The Hebrew Bible's injunctions to remember are unconditional, and even when not commanded, remembrance is always pivotal. Altogether the verb "zakhar" appears in its various declensions... no less than one hundred and sixty-nine times.... As Israel is enjoined to remember, so it is adjured not to forget. Both imperatives have resounded with enduring effect among the Jews since biblical times.

Dr. Yosef H. Yerushalmi, Zakhor: Jewish History and Jewish Memory



#### Please rise.

אֵל מָלֵא רַחֲמִים שׁוֹבֵן בַּמְּרוֹמִים הַמְצֵא מְנוּחָה נְכוֹנָה תַחַת כַּנְפֵי הַשְּׁכִינָה בְּמֵעֲלוֹת קְדוֹשִׁים וּטְהוֹרִים כְּזוֹהַר הָרָקִיעַ מַזְהִירִים אֶת נִשְׁמוֹת יַקִּירֵינוּ שֶׁהָלְכוּ לְעוֹלָמָם. בַּעַל הָרַחֲמִים, יַסְתִּירֵהֶם בְּסֵתֶר כְּנָפֶיךְּ לְעוֹלָמִים וְיִצְרוֹר בִּצְרוֹר הַחַיִּים אֶת נִשְׁמוֹתֵהֶם, יְיָ הוּא נַחֲלָתָם, וְיָנְוּחוּ בִּשַׁלוֹם עַל מִשִׁכַּבם. וִנֹאמֵר אֵמֵן.

O God full of compassion, You who dwell on high, grant perfect rest under the wings of Your Presence, in the company of the holy and pure ones, to our loved ones who have entered eternity. Merciful One, let them find refuge for ever in the shadow of Your wings, and let their souls be bound up in the bond of eternal life. The Eternal God is their inheritance, may they rest in peace, and let us say:

Amen.

Adonai natan vadonai lakach y'hi sheim Adonai m'vorach.

יְהֹנָה נָתַן וַיהֹנָה לֶקָח יִהִי שֵׁם יִהֹנָה מִבֹּרָךְ.

Adonai has given, Adonai has taken away, blessed by the name of Adonai.

#### The third candle is lit.



If some messenger were to come to us with the offer that death should be overthrown, but with the one inseparable condition that birth should also cease; if the existing generation were given the chance to live forever, but on the clear understanding that never again would there be a child, or a youth, or first love, never again new persons with new hopes, new ideas, new achievements; ourselves for always and never any others – could the answer be in doubt?

We shall not fear the summons of death; we shall remember those who have gone before us, and those who will come after us.

"Alas for those who cannot sing, but die with all their music in them." Let us treasure the time we have and resolve to use it well, counting each moment precious – a chance apprehend some truth, to experience some beauty, to conquer some evil, to relieve some suffering, to love and be loved, to achieve something of lasting worth.

Help us, then, to fulfill the promise that is in each of us, and so to conduct ourselves that, generations hence, it will be true to say of us: The world is better because, for a brief space, they lived in it.

#### MOURNER'S KADDISH

## קדיש יתום

Yitgadal v'yitkadash sh'mei rabba. B'alma div'ra chiruteih, v'yamlich malchuteih, b'cha-yeichon uv'yomeichon uv'cha-yei d'chol beit Yisrael, baagala u'vizman kariv v'imru amen.

Y'hei sh'mei raba m'vorach I'olam u-l'almei almaya.

Yitbarach, v'yishtabach, v'yitpaar, v'yitromam, v'yitnasei, v'yithadar, v'yitaleih, v'yit-halal sh'mei d'kud'sha, b'rich hu.
L'eila min kol birchata v'shirata, tushb'chata v'nechemata, da'amiran b'alma v'imru amen.

Y'hei sh'lama rabba min sh'maya, v'chayim aleinu v'al kol Yisrael, v'imru amen.

Oseh shalom bimromav, hu yaaseh shalom aleinu v'al kol Yisrael, v'imru amen. יִתְגַּדֵּל וְיִתְקַדַּשׁ שְׁמֵה רַבָּא. בְּעֶלְמָא דִּי בְרָא בִרְעוּתֵהּ, וְיַמְלִיךְ מַלכוּתֵהּ, בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגֶלֶא וּבִזְמַן קַרִיב וְאִמָרוּ אַמֵן.

> יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

יִתְבָּרֵךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם, וְיִתְעַלֶּה וְיִתְהַלֶּל שְׁמֵהּ דְקָדְשָׁא, בְּרִיךְּ הוּא. לְעֵלֶּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בָּעַלְמַא, וִאִמִרוּ אַמֵּן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אֲמֵן. Let the glory of God be extolled, let God's great name be hallowed, in the world whose creation God willed. May God's rule soon prevail, in our own day, our own lives, and the life of all Israel, and let us say, Amen.

Let God's great name be blessed forever and ever.

Let the name of the Blessed Holy One be glorified, exalted and honored, though God is above all the praises, songs and adorations that we can utter, and let us say, Amen.

For us and all Israel, may the blessing of peace and the promise of life come true, and let us say, Amen.

May the One who causes peace to reign in the high heavens let peace descend upon us, on all Israel, and all the world, and let us say, Amen.

May the Source of peace send peace to all who mourn, and comfort to all who are bereaved, and let us say, Amen.

Oseh shalom bimromav, hu yaaseh shalom aleinu v'al kol Yisrael, v'imru amen. עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וָאִמָרוּ אַמֵן.

May the Source of peace send peace to all who mourn, and comfort to all who are bereaved, and let us say, Amen.



The Hasidic master Levi Yitzchak of Berditchev said that it isn't just that the gates of heaven are open during the Ten Days of Teshuva; what is far more significant is that an energy and attractive force, passes through this opening during these days. This is a very subtle energy, and for most of the Ten Days, when the gates are wide open, we don't even notice it. But during the Neilah service, as the gates begin to close and the opening becomes narrower and narrower, this attractive energy becomes more and more intense, more and more noticeable. It is precisely this energy which draws us to the Neilah service so intensely, and which inspires us to pray so fervently once there. The prayer we utter at Neilah is that most urgent of all human prayers, the prayer of the last chance. The gates of heaven are closing. We only have a few minutes left.

Rabbi Alan Lew

# STANDING TOGETHER BEFORE THE GATES

Pitchu li shaarei tzedek avo vam odeh yah. Zeh hashaar l'Adonai tzadikim yavo-u vo. פָּתְחוּ־לִּי שַׁעֲרֵי־צֶדֶק אָבא־בָם אוֹדֶה יָה. זֶה־הַשַּׁעַר לַיהֹנָה צַדִּיקִים יָבֹאוּ בוֹ.

Open to me the gates of righteousness, and I will enter them with gratitude. This is God's gate, the righteous shall enter it.

#### **God of Awesome Deeds**

#### אל נורא עלילה

El nora alilah, ha-m'tzei lanu m'chilah bish'at han'ilah. אֵל נורָא עֲלִילָה, הַמְצֵיא לָנו מְחִילֶה בִּשְעַת הַנִּעִילָה.

God of awesome deeds, grant us pardon as the gates begin to close.

Before the gate has been closed, Before the last question is posed, Before I am transposed.

We who are few in number look up to You; with trembling we praise You, as the gates begin to close.

מְתֵי מִסְפָר קְרוּאִים לְךּ עַיִן נוֹשְאִים: וּמְסַלְדִים בְּחִילָה, בשעת הנעילה.

El nora alilah, ha-m'tzei lanu m'chilah bish'at han'ilah. אֵל נוֹרָא עֲלִילָה, הַמְצֵיא לָנוּ מְחִילָה בִּשְעַת הַנָעִילַה.

God of awesome deeds, grant us pardon as the gates begin to close.

Before the weeds fill the gardens, Before there are no pardons, Before the concrete hardens. To You we pour our our souls; blot out our sins, our dishonest ways; grant us pardon, as the gates begin to close. שׁוֹפְכִים לְךּ נַפְשָׁם; מְחֵה פִשְעָם וְכַחְשָׁם וְהַמְצִיאֵם מְחִילֶה בִּשְעַת הַנְעִילֶה.

El nora alilah, ha-m'tzei lanu m'chilah bish'at han'ilah. אֵל נוֹרָא עֲלִילָה, הַמְצֵיא לָנוּ מְחִילָה בִּשִעת הַנִּעִילָה.

God of awesome deeds, grant us pardon as the gates begin to close.

Before all the flute-holes are covered, Before things are locked in the cupboard, Before the rules are discovered.

Be our refuge and shield us from danger; assure us joy and honor, as the gates begin to close. הֱיֵה לָהֶם לְסִתְרָהּ, וְחַלְצֵם מִמְאֵרָה וְחָתְמֵם לַהוֹד וּלְגִילָה בשעת הנעילה.

El nora alilah, ha-m'tzei lanu m'chilah bish'at han'ilah. אֵל נוֹרָא עֲלִילָה, הַמְצֵיא לָנוּ מְחִילָה בִּשְעַת הַנְעִילַה.

God of awesome deeds, grant us pardon as the gates begin to close.

Before the conclusion is planned, Before God closes his hand, Before we have nowhere to stand.

Yehudah Amichai

Be gracious to us, compassionate; let Your judgement fall on tyrants and those who make war, as the gates begin to close. חוֹן אוֹתָם וְרַחֵם; וְכָל לוֹחֵץ וְלוֹחֵם עֲשֵה בָהֶם פְלִילָה בִשַעת הַנִּעִילָה.

El nora alilah, ha-m'tzei lanu m'chilah bish'at han'ilah.

אֵל נוֹרָא עֲלִילָה, הַמְצֵיא לָנוּ מְחִילָה בִּשְעַת הַנְעִילַה.

God of awesome deeds, grant us pardon as the gates begin to close.



Art by Ronny Tabeka

# STANDING IN HUNGER

Chatzi Kaddish חצי קדיש

Yitgadal v'yitkadash sh'meih raba. B'alma di vra chiruteih, v'yamlich malchuteih b'chayeichon uv'yomeichon, uv'chayei d'chol beit Yisrael, baagala uviz'man kariv v'imru: amen.

Y'hei sh'meih raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach
v'yitpaar v'yitromam
v'yitnasei v'yit'hadar
v'yitaleh v'yit'halal sh'meih
d'kud'sha b'rich hu, l'ei'la
min kol birchata
v'shirata tushb'chata
v'nechemata daamiran
b'alma, v'imru: amen.

יִתְגַּדַל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ, וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קָרִיב וָאִמָרוּ: אָמֵן.

> יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְבַּשֵּׁא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקָדְשָׁא בְּרִיךְ הוּא, לְעֵלָּא וּלְעֵלָּא מִכָּל בִּרְכָתָא וְשִׁירָתָא תָּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן בַּעַלִמֵּא, וָאִמִרוּ: אַמֵּן.

Exalted and hallowed be God's great name, in the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime and the life of all Israel - speedily, imminently.

To which we say: Amen.

Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort.

To which we say: Amen.

Amidah עמידה

אַדֹנָי שִׁפָתַי תִּפְתָּח וּפִי יַגִּיד תִּהְלֶּתֵךְ.

Adonai, s'fatai tiftach, ufi yagid t'hilatecha.

Adonai, open up my lips that my mouth may declare Your praise.

#### **God of All Generations**

## אַבוֹת וְאִמֵּהוֹת

Baruch atah Adonai,
Eloheinu, v'Eilohei
avoteinu v'imoteinu,
Elohei Avraham, Elohei
Yitzchak, v'Eilohei Yaakov,
Elohei Sarah, Elohei Rivkah,
Elohei Rachel, v'Eilohei
Leah. HaEil hagadol hagibor
v'hanora, Eil elyon,
gomeil chasadim tovim,
v'koneih hakol, v'zocheir
chasdei avot v'imahot,
umeivi g'ulah livnei v'neihem,
l'maan sh'mo, b'ahavah.

בָּרוּךְּ אַתָּה יְיָ, אֱלֹהֵינוּ וֵאלֹהֵי אֲלֹהֵינוּ וֵאלֹהֵי אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יַעֲקֹב, אֱלֹהֵי שָׁרָה, אֱלֹהֵי רִבְּקהָ, אֱלֹהֵי לָחֵל וֵאלֹהֵי לְאָה. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, וְחַבִּי אָבוֹת וְאִמָּהוֹת, חַסְדֵי אָבוֹת וְאִמָּהוֹת, וְמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם, לְמַעַן שְׁמוֹ, בְּאַהֲבָה.

Blessed are You, Adonai our God, God of our father and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel and God of Leah, the great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, and remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

Zochreinu l'chayim melech chafeitz bachayim, v'chotveinu b'seifer hachayim, l'maancha Elohim chayim. זָבְרֵנוּ לְחַיִּים מֶלֶךְ חָפֵץ בַּחַיִּים, וְכָתְבֵנוּ בְּסֵפֶר הַחַיִּים, לְמַעַנְךְּ אֵלֹהִים חַיִּים.

Remember us unto life, Sovereign who delights in life, and inscribe us in the Book of Life, for Your sake, O God of life.

Melech ozeir umoshia u'magein Baruch atah Adonai, magein Avraham v'ezrat Sarah. מֶלֶךּ עוֹזֵר וּמוֹשְׁיעַ וּמָגֵן בָּרוּךְ אַתָּה יְיָ, מָגֵן אַבָרַהַם וִעִזְרַת שַׂרַה.

Sovereign, Deliverer, Helper and Shield, Blessed are You, Abraham's Shield, Sarah's Helper.

גָבורוֹת God's Power

Atah gibbor l'olam Adonai m'chayei hakol Atah, rav l'hoshia. M'chalkeil chayim b'chesed, m'chayeih hakol b'rachamim rabim, someich nof'lim, v'rofei cholim, u'matir asurim, um'kayeim emunato lisheinei afar. Mi chamocha baal g'vurot umi domeh lach, melech meimit um'chayeh u'matzmiach y'shuah:

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנֵי, מְחַיֵּה הַכּל אֲתָּה, חַיִּים בְּחֶסֶד, מְחַיֵּה חַיִּים בְּחֶסֶד, מְחַיֵּה חֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֶמוּנָתוֹ לִישֵׁנֵי עָפָר. מִי כְמְוֹךְ בַּעַל גְבוּרוֹת ,וּמִי דְּוֹמֶה לָּךְ מַלֶּךְ מֵמִית וּמְחַיֶּה וּמַצִמֵיחַ יִשׁוּעָה:

You are forever mighty, Adonai; You give life to all.
You sustain life through love, giving life to all through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts? Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up?

Mi chamocha Av harachamim, zocheir y'tzurav l'chayim b'rachamim. מִי כָמְוֹךְ אַב הָרַחֲמִים, זוֹבֵר יִצוּרַיו לִחַיִּים בִּרַחֵמִים.

Who is like You, compassionate God, who mercifully remembers Your creatures for life?

V'ne-eman atah l'hachayot hakol. Baruch atah Adonai m'chayeih hakol. וְנֶאֱמָן אַתָּה לְהַחֲיוֹת הַכֹּל. בָּרוּךְ אַתָּה יְיָ מִחַיֵּה הַכֹּל.

You faithfully give life to all. Blessed are you, Adonai, who gives life to all.

#### **God's Holiness**

קדושָה

N'kadesh et shim'cha ba-olam k'sheim shemak-dishim oto bishmei marom kakatuv al yad n'vi-echa, v'kara zeh el zeh v'amar: נְקַדֵּשׁ אֶת שִׁמְךּ בָּעוֹלָם כְּשֵׁם שֶׁמַקְדִּישִׁים אוֹתוֹ בִּשְׁמֵי מָרוֹם כַּכָּתוּב עַל יַד נְבִיאֶךְ, וְקָרָא :זֶה אֶל זֶה וְאָמַר:

We sanctify Your name on earth, even as all things, to the ends of time and space, proclaim Your holiness, and in the words of the prophet we say:

Kadosh, kadosh, kadosh Adonai tz'vaot, m'lo chol-haaretz k'vodo. קָדוֹשׁ, קָדוֹשׁ, קָדוֹשׁ, יָיָ צְבָאוֹת, מְלֹא כָל הָאֶרֶץ כְּבוֹדוֹ.

Holy, holy, holy is the God of all being! The whole earth is filled with God's glory!

Adir adireinu Adonai adoneinu mah adir shimcha b'chol haaretz. אַדִּיר אַדִּירֵנוּ יְיָ אֲדֹנֵינוּ מָה־אַדִּיר שִׁמִּדְּ בַּכַל־הַאַרֵץ.

Source of our strength, Sovereign God, how majestic is Your name in all the earth!

Baruch k'vod Adonai mimkomo.

בָּרוּךְ כְּבוֹד יְיָ מַמַּקוֹמוֹ.

Blessed be the glory of God in heaven and earth.

Echad hu Eloheinu, hu avinu, hu malkeinu, hu moshi-einu v'hu yashmi-einu b'rachamav l'einei kol chai. Ani Adonai Eloheichem! אֶחָד הוּא אֱלֹהֵינוּ, הוּא אָבִינוּ, הוּא מַלְבֵּנוּ. הוּא מוֹשִׁיעֵנוּ וְהוּא יַשְׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי כָּל־חָי. אַנִי יִי אֵלֹהֵיכֵם!

You alone are our God and our Creator; You are our Ruler and our Helper; and in Your mercy You reveal Yourself in the sight of all the living:

I am Adonai Your God!

Yimloch Adonai l'olam, elohayich tziyon, l'dor vador, hal'lu-yah. ימְלךּ יְיָ לְעוּלָם, אֱלֹהַיִּךְ צִיּוֹן, לדר ודר, הללויה.

The Eternal One shall reign for ever; your God, O Zion, from generation to generation. Halleluyah!

L'dor vador nagid godlecha, ul'neitzach n'tzachim k'dushat-cha nakdish, v'shivchacha Eloheinu, mipinu lo yamush l'olam vaed. Baruch atah Adonai haMelech hakadosh.

לְדוֹר וָדוֹר נַגִּיד גַּדְלֶךּ, וּלְנֵצַח נַצְחִים קְדֻשָּׁתְךְּ נַקְדִּישׁ, וְשִׁבְחֵךְּ אֶלֹהֵינוּ, מִפְּינוּ לֹא יָמוּשׁ לְעוֹלָם וָעֶד. בָּרוּךְ אַתָּה יְי הַמֵּלֵךִ הַקָּדוֹשׁ.

To all generations we will declare Your greatness, and for all eternity proclaim your holiness. Your praise, O God, shall never depart from our lips.

Blessed are You, Adonai, Holy Sovereign.

As we live our lives, rent asunder,
Each in his own small world,
Help us to remember what we often forget;
We need one another,
we each are part of the other,
And someplace, so well known yet so secret,
We may find our true solace in You.

Arthur Green and Andre Ungar, Renew Our Days, p 725

R'tzei רְצֵה

R'tzei Adonai Eloheinu, b'amcha Yisrael, u-t'filatam b'ahava t'kabeil, u-t'hi l'ratzon tamid avodat Yisrael amecha. Baruch atah Adonai she-ot'cha l'vad'cha b'yirah naavod. רְצֵה יְיָ אֱלֹהֵינוּ, בְּעַמְּךּ יִשְׂרָאֵל, וּבִתְפִּלָּתָם בְּאַהֲבָה תְקַבֵּל, וּתְהִי לְרָצוֹן תַמִיד עֲבוֹדֵת יִשְׂרָאֵל עַמֶּךְּ. בָּרוּךְ אַתָּה יְיַ שֶׁאוֹתְךְ לְבַדְּךְ בְּיִרְאָה נַעֵבוֹד.

Find favor, Adonai our God, with Your people Israel, and accept their prayer in love. May the worship of Your people Israel be acceptable to You. Blessed are You, Adonai, who alone we serve in reverence.



Art by Ronny Tabeka

Today, we choose hunger.

A hunger meant to humble, to awaken.

Is this the fast You have chosen?

In our yearning for nourishment, we are meant to unloosen a hunger for a better world.

What are we hungry for? We are hungry for a world without Animosity, Bigotry, and Callousness towards another's suffering.

Hungry for a world without Danger, Egocentrism, and Fear. We are hungry for a world without Greed, Human suffering, and Injustice.

What are we hungry for?
We are hungry for
Kindness, Love, and Moral courage.

We are hungry for Noble work, Opportunity for all,

We are hungry for Peace.

Replace our emptiness with passion and persistence. Let us break our fast with fortitude and steadfastness.

And when we cry out to You, in anguish because there is too much work, because the task is too large, because the thirst for justice feels unquenchable.
Then, You will answer us, once again... הְנֵנִי, Here I Am.

Rabbi Hannah Goldstein, based on Isaiah 58:6-9

B'seifer chayim
b'racha v'shalom
u'farnasah tovah,
nizacheir v'neichateim
l'fanecha, anachnu
v'chol am'cha
beit Yisrael,
l'chayim tovim u-l'shalom.
Baruch atah Adonai
oseh hashalom.

בְּסֵפֶר חַיִּים, בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה, לִפָּנֶיךְּ, אֲנַחְנוּ וְכָל עַמְּךְ בִּית יִשְׂרָאֵל, לְחַיִּים טוֹבִים וּלְשָׁלוֹם, בָּרוּךְ אַתָּה יְיָ עוֹשֹׁה השׁלוֹם.

Seal us for life, blessing, peace, prosperity, remembering all Your people Israel for life and peace.
Blessed are You, Adonai, Maker of peace.

עשֶׁה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ, וְעַל כֹּל יִשְׂרָאֵל, וְעַל כָּל יוֹשָבֵי תֵבַל וָאִמְרוּ אַמֵן.

Oseh shalom bimromav, hu yaaseh shalom aleinu, v'al kol Yisrael, v'al kol yoshvei teiveil v'imru amen.

May the One who causes peace in the high heavens, bring peace to us and to all Israel, and all who inhabit the earth and let us say: Amen.

## STANDING IN URGENCY

Pitchu li shaarei tzedek avo vam odeh yah. Zeh hashaar l'Adonai tzadikim yavo-u vo. פָּתְחוּ־לִי שַעֲרֵי־צֶדֶק אָבא־בָם אוֹדֶה יָה. זֶה־הַשַּעַר לַיהֹנָה צַדִּיקִים יַבאוּ בוֹ.

Open to me the gates of righteousness, and I will enter them with gratitude.

This is God's gate, the righteous shall enter it.

Adonai Adonai el rachum v'chanun erech apayim, v'rav chesed v'emet: notzeir chesed l'alafim, noseh avon vafeshah v'chataah, v'nakeh.

יְיָ יְיָ אֵל רַחוּם וְחַנּוּן, אֶרֶךּ אַפַּיִם, וְרַב חֶסֶד נֶאֱמֶת: נֹצֵר חֶסֶד לָאֲלָפִים, נֹשֵׂא עֲוֹן וָבֵשֵׁע וְחַשַּאָה, וְנַקֵּה.

The Eternal One, the Eternal God is merciful and gracious, endlessly patient, loving, and true, showing mercy to thousands, forgiving iniquity, transgression, and sin, and granting pardon.

ָוְסָלַחְהָּ לַעֲוֹנֵנוּ וּלְחַפָּאתֵנוּ וּנְחַלְתֵּנוּ. V'salachta laavoneinu u-l'chatateinu u-n'chaltanu You forgive our sins and our trangressions. Adonai Adonai el rachum v'chanun erech apayim v'rav chesed v'emet: notzeir chesed l'alafim, noseh avon vafeshah v'chataah, v'nakeh.

יְיָ יְיָ אֵל רַחוּם וְחַנּוּן, אֶרֶךּ אַפֵּיִם, וְרַב חֶסֶד וֶאֱמֶת: נֹצֵר חֶסֶד לָאֲלָפִים, נֹשֵׂא עָוֹן וָפֶשַׁע וְחַטָּאָה, וְנַקֵּה.

The Eternal One, the Eternal God is merciful and gracious, endlessly patient, loving, and true, showing mercy to thousands, forgiving iniquity, transgression, and sin, and granting pardon.

קלַח לֶנוּ אָבִינוּ כִּי חָטֶאנוּ, מְחַל לֶנוּ מַלְבֵּנוּ כִּי פָשֶׁעְנוּ. S'lach lanu avinu ki chatanu, m'chal lanu malkeinu ki fashanu.

Forgive us, Avinu, for we have strayed. Pardon us, Malkeinu, for succumbing to sin.

Adonai Adonai el rachum v'chanun erech apayim v'rav chesed v'emet notzeir chesed l'alafim, noseh avon vafeshah v'chataah v'nakeh.

יָיָ יְיָ אֵל רַחוּם וְחַנּוּן, אֶרֶךְ אַפֵּיִם, וְרַב חֱסֶד וֶאֱמֶת: נֹצֵר חֱסֶד לָאֲלָפִים, נֹשֵׂא עָוֹן וָבֶשֵׁע וְחַטָּאָה, וְנַקֵּה.

The Eternal One, the Eternal God is merciful and gracious, endlessly patient, loving, and true, showing mercy to thousands, forgiving iniquity, transgression, and sin, and granting pardon.

כִּי אַתָּה אֲדֹנָי, טוֹב וְסַלֶּח וְרֵב חֱסֶד לְכָל קוֹרְאֶיךְּ.

Ki atah Adonai, tov v'salach v'rav chesed l'chol korecha.

You are generous in granting forgiveness, all-loving to those who reach out to You.



Art by Ronny Tabeka

Ki anu amecha, v'atah malkeinu.
Anu vanecha v'atah avinu.
Anu nachalatecha, v'atah goraleinu.
Anu tzonecha, v'atah roeinu.
Anu karmecha, v'atah notreinu.
Anu rayatecha, v'atah dodeinu.

בִּי אֵנוּ עַמֶּךְּ, וְאַתָּה מֵלְבֵּנוּ. אֲנוּ בַנֵיךּ וְאַתָּה אָבִינוּ. וְאַתָּה גוֹרָלֵנוּ. אֲנוּ צֹאנֶךְּ, וְאַתָּה רוֹעֲנוּ. וְאַתָּה נוֹטְרֵנוּ. אֵנוּ רַעְיָתֶךְ, וְאַתָּה דוֹדֵנוּ.

We are Your people, You are our Ruler.
We are Your children, You are our Parent.
We are Your posession, You are our Portion.
We are Your flock, You are our Shepherd.
We are Your vineyard, You are our Keeper.
We are Your beloved, You are our Friend.

### CONFESSION OF SIN וידוי

Adonai, give me courage to live
And repair my resentment with gratitude.

Make me thankful for the day
And hopeful for the morrow.

Dissolve my self-hate.

Let me taste the veritable sweetness of my
own worth,
I, who am created in your image.

Shulamis Yelin, Renew Our Days, p 493

Eloheinu veilohei
avoteinu v'imoteinu,
tavo l'fanecha t'filateinu,
v'al titalam mitchinateinu,
she-ein anachnu azei fanim
uk'shei oref lomar l'fanecha
Adonai Eloheinu veilohei
avoteinu tzadikim
anachnu v'lo chatanu
aval anachnu chatanu.

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וִאלֹהֵי תָּבֹא לְפָנֶיךּ תְּפִלֶּתֵנוּ, וְאַל תִּתְעַלַּם מִתְּחִנָּתֵנוּ, וּקְשֵׁי עְרֶף, לוֹמֵר לְפָנֶיךּ יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבַחְנוּ וְלֹא חָטֵאנוּ אֲבָחְנוּ וְלֹא חָטֵאנוּ

Our God, God of our mothers and fathers, grant that our prayers may reach you. Do not be deaf to our pleas, for we are not so arrogant and stiff-necked as to say before You, our God and God of all ages, we are perfect and have not sinned; rather do we confess; we have gone astray, we have sinned, we have transgressed.

Ashamnu, bagadnu, gazalnu, dibarnu dofi, he-evinu, v'hirshanu, zadnu, chamasnu, tafalnu shaker, ya'atznu ra, kizavnu, latznu, maradnu, niatznu, sararnu, avinu, pashanu, tzararnu, kishinu oref, rashanu, shichatnu, tiavnu, ta-inu, titanu.

אָשַׁמְנוּ, בָּגַדְנוּ, הָצֵלְנוּ, דִּבַּרְנוּ דְפִי, טַפֵּלְנוּ שָׁקֶר, טַפְלְנוּ טָתְדְנוּ, נִאַצְנוּ, טַבְרְנוּ, טָתְדְנוּ, נִאַצְנוּ, לַצְנוּ, מָתְדְנוּ, נִאַצְנוּ, בָשְׁעְנוּ, שִׁחַתְנוּ, רָשִׁעְנוּ, שִׁחַתְנוּ, תַעַבִנוּ, שִׁחַתְנוּ,

We have offended and betrayed; we have robbed and slandered; we have been perverse and corrupt, arrogant and violent; we have deceived and misled others; we have lied and scoffed; we have been rebellious, cynical and stubborn; we have cheated and transgressed; we have oppressed; we have been obstinate, vicious and destructive; we have acted shamefully; we have gone astray and led others astray.

There is a parable of a king's son who had gone astray from his father—a hundred days' journey.

His friends said to him:

"Return to your father." But he replied:

"I cannot, for I have not the strength."

Then his father, the king, sent to say to him:

"Come back as far as you can, according to your strength, and I will go the rest of the way to meet you."

God is the One who says to Israel: "Return to me, and I will return to you" (Malachi 3:7).

Pesikta Rabbati

## TAKING THE FIRST STEP

Pitchu li shaarei tzedek avo vam odeh yah. Zeh hashaar l'Adonai tzadikim yavo-u vo. פִּתְחוּ־לִי שַׁעֲרֵי־צֶדֶק אָבא־בָם אוֹדֶה יָה. זֶה־הַשַּׁעַר לַיהֹנָה צַדִיקִים יַבאו בוֹ.

Open to me the gates of righteousness, and I will enter them with gratitude.

This is God's gate, the righteous shall enter it.

S'u sh'arim rosheichem v'hinasu pitchei olam, v'yavo melech hakavod! Mi hu zeh melech hakavod? Adonai tz'vaot, hu melech hakavod! Selah.

שְׂאוּ שְׁעָרִים רָאֹשֵיכֶם וְהִנָּשְוּ פִּתְחֵי עוֹלָם, וְיָבוֹא מֱלֶךּ הַכָּבוֹד! מִי הוּא זֶה מֱלֶךּ הַכָּבוֹד? יְיָ צְבָאוֹת, הוּא מֱלֶךְ הַכַּבוֹד! סֵלֵה.

Lift up your heads, O gates!
Lift yourselves up, O ancient doors!
Let the One who reigns in glory enter.
Who is it that reigns in glory?
The God of all being
is the One who reigns in glory!



Avinu malkeinu, choneinu vaaneinu ki ein banu maasim, aseih imanu tz'dakah vachesed v'hoshi-einu. אָבִינוּ מַלְבֵּנוּ, חָבֵּנוּ וַעֲנֵנוּ כִּי אֵין בָּנוּ מַעֲשִׂים, עֲשֵׂה עָמָנוּ צְדָקָה וַחֱסֵד וָהוֹשִׁיעֵנוּ.

Avinu Malkeinu, be gracious and answer us, for we have little merit.

Treat us generously and with kindness, and be our help.

(one time)

# שְׁמַע יִשְׂרָאֵל, יִיָ אֱלֹהֵינוּ, יְיַ אֶחְד!

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!

Listen, Israel: Adonai is our God, Adonai is One.

(three times)

# בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלֶם וָעֶד!

Baruch shem k'vod malchuto l'olam va-ed!

Blessed is God's glorious majesty forever and ever.

(seven times)

יָיָ הוּא הָאֱלֹהִים!

Adonai hu ha-Elohim!

Adonai is God.

#### **Kaddish Shalem**

# קדיש שלם

Yitgadal v'yitkadash sh'meih raba b'alma di v'ra chiruteih, v'yamlich malchuteih b'chayeichon uv'yomeichon, uv'chayei d'chol beit Yisrael, baagala uviz'man kariv, v'imru: amen.

Y'hei sh'meih raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach
v'yitpaar v'yitromam
v'yitnasei v'yit'hadar
v'yitaleh v'yit'halal sh'meih
d'kud'sha b'rich hu,
l'eila min kol
birchata v'shirata
tushb'chata v'nechemata,
daamiran b'alma,
v'imru: amen.

Titkabeil tz'lot-hon uva-ot-hon d'chol beit Yisrael kadom avuhon di vishmaya, v'imru: amen. יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי בְרָא כִרְעוּתֵיהּ, וְיַמְלִיהְּ מַלְכוּתֵיהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן, וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעְגָלָא וּבִזְמַן קָרִיב, וִאִמָרוּ: אָמֵן.

> יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

יִתְבָּרֵךְ וְיִשְׁתַּבַּח וְיִתְנַשֵּׁא וְיִתְרוֹמֵם וְיִתְנַשֵּׁא וְיִתְהַלָּל שְׁמֵהּ דְּקִדְשָׁא בְּרִיךְ הוּא, לְעֵלָּא וּלְעֵלָּא מִן כָּל בָּרְכָתָא וְשִׁירָתָא הָשְׁבְּחָתָא וְנֶחֱמָתָא, הָצְאֲמִירָן בְּעָלְמָא, וְאִמְרוּ: אָמֵן.

תִּתְקַבֵּל צְלוֹתְהוֹן וּבָעוּתְהוֹן דְּכָל בֵּית יִשְׂרָאֵל קֶדָם אֲבוּהוֹן דִּי בִשְׁמַיָּא, וָאִמָרוּ: אַמֵן. Y'hei sh'lama rabah min sh'maya v'chayim aleinu v'al kol Yisrael, v'imru: amen.

Oseh shalom bimromav hu yaaseh shalom aleinu v'al kol Yisrael, v'imru: amen. יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ: אָמֵן.

עשֶׁה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ: אָמֵן.

May God's great name come to be magnified and sanctified in the world God brought into being.

May God's majestic reign prevail soon in your lives, in your days, and in the life of the whole House of Israel; and let us say: Amen.

May God's great name be blessed to the end of time.

May God's great name be blessed to the end of time.

May God's holy name come to be blessed, acclaimed and glorified; revered, raised and beautifued; honored and praised.

Blessed in the One who is entirely beyond

all the blessings and hymns, all the praises and words of comfort that we speak in the world; and let us say: Amen.

Let the prayers and needs of all Israel be accepted by their Creator in heaven; and let us say: Amen.

Let perfect peace abound; let there be abundant life for us and for all Israel;

May the One who makes peace in the high heavens make peace for us, all Israel and all who dwell on earth; and let us say: Amen.

and let us say: Amen.

#### **Havdalah Blessings**

#### הבדלה

Baruch atah Adonai Eloheinu Melech ha-olam borei p'ri hagafen.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֱלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הַגֵּפֶן.

Blessed are You, God, Creator of the fruit of the vine.

Baruch atah Adonai Eloheinu Melech ha-olam borei minei v'samim. בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא מִינֵי בִשַּׂמִים.

Blessed are You, God, Creator of all kinds of spices.

Baruch atah Adonai Eloheinu Melech ha-olam borei m'orei ha-eish. בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא מְאוֹרֵי הָאֵשׁ.

Blessed are You, God, Creator of the lights of fire.

Baruch atah Adonai Eloheinu Melech ha-olam hamavdil ben kodesh l'chol.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמַּבְדִיל בֵּין קְדֶשׁ לְחוֹל.

Blessed are You, God, Distinguisher of the holy from the everyday.

Hamavdil ben kodesh l'chol chatoteinu hu yimchol zareinu v'chaspeinu yarbeh kachol v'chakochavim balailah...

הַמַּבדָּל בֵּין קְדֶשׁ לְחוֹל חַטֹּאתֵינוּ הוּא יִמְחחֹל זַרְעֵנוּ וְכַסְפֵּנוּ יַרְבֶּה כַּחוֹל וְכַכּוֹכָבִים בַּלֵּילָה...

As You separate sacred from profane, separate us from our wrongful ways. Let those who love You be as many as the sands, and as the stars of heaven.



Shanah tovah!

# **Happy New Year!**

# תקיעה גדולה

T'kia g'dolah

The shofar is sounded.