

## Being Antiracist: 10 Days Towards Inclusion 5781

*Lo alecha ham'lachah ligmor  
V'lo atah ben chorin l'hibateil mimenah.  
It is not your duty to complete the work.  
Neither are you free to desist from it.  
-Pirkei Avot 2:16*

Once again this year, during the ten days between Rosh Hashanah and Yom Kippur, the Multiracial Sinai Committee invites you to take 10 minutes or more each day to participate in "10 Days Towards Inclusion." This work was inspired by the blog post "[Learning about Diversity, Equity and Inclusion is an Act of Teshuva.](#)"

In this time of racial reckoning, Multiracial Sinai has assembled a collection of readings and videos to guide each person in reflecting on why dignity, equity, and safety for all people is central to Jewish values and should be at Temple Sinai as well as in our daily lives.

<b>September 18</b> Watch <a href="#">A Message From Jews of Color</a> and reflect on the <a href="#">discussion questions</a>	<b>September 19</b> Read <a href="#">Letter from a Birmingham Jail</a> (M. L. King, Jr., April 1963)
<b>September 20</b> Read <a href="#">The Black Lives Next Door</a> (R. Rothstein, Aug. 2020)	<b>September 21</b> Read <a href="#">Asking the Hard Questions of Race and Racism</a> (Ginna Green, June 2020)
<b>September 22</b> Watch <a href="#">What Makes This Jew Different Than All Other Jews</a> (Shais Rishon, for My Jewish Learning 2020)	<b>September 23</b> Read <a href="#">Our True Colors</a> (Gad, M., in Tablet, May 2020, speaker at URJ Biennial 2019)
<b>September 24</b> Read Rabbi Michael Rothbaum's sermon, " <a href="#">Ferguson/Fargesn</a> " (delivered on Rosh Hashanah 5775 at Congregation Netivot Shalom (courtesy of Truah)	<b>September 25</b> Read " <a href="#">White Jews should understand why Black Americans need reparations now</a> " (Lilli Sher) and reflect on the <a href="#">discussion questions</a>
<b>September 26</b> Watch both the documentary <a href="#">13TH</a> and the <a href="#">panel discussion</a> led by Rabbi Hannah Goldstein	<b>September 27</b> Listen to <a href="#">Breathe</a> by Seinabo Sey

This year, inspired by the words of Rabbi Erica Asch (formerly of Temple Sinai D.C.) in her Kol Nidre sermon of 2019, [“One More Mitzvah \(Shavuot\)” Kol Nidre Sermon Rabbi Erica Asch Temple Beth El Oct](#) the members of Multiracial Sinai challenge you to commit to “doing a little bit more, all year long” towards making Temple Sinai an affirmatively antiracist synagogue. “Add one (antiracist) mitzvah to the mitzvot you already do for the entire year. From this Yom Kippur to next. There are so many. What will yours be?”

Our hope is that through these activities and your own reflections you will learn something about yourself and begin 5781 with a fresh, inclusive perspective.

The MRS [resource list](#) is available to help you continue on your journey and consider participating in [Building Racial Stamina in Jewish Community](#), a six week discussion group about race and racism in our community and society.

[Multiracial Sinai Committee](#) recognizes that the Union of Reform Judaism’s vision of dignity, equity, and safety for all people has yet to be fully realized. Temple Sinai is committed to undertaking [transformational internal steps](#) to further affirm and enhance our identity as a multiracial Reform Jewish community. Multiracial Sinai is committed to supporting those steps by helping guide Temple Sinai in being an affirmatively antiracist congregation.

**Please join** members of Multiracial Sinai and your fellow congregants **on Yom Kippur at 12:15** p.m. to discuss and reflect on these materials. Everyone is welcome to participate in this breakout session, even if you weren’t able to engage in the material.